



LifeWorks of Sonoma County

LifeWorks of Sonoma County, a nonprofit mental health agency, provides education and counseling to foster and support positive emotional development in our community.

Choices for Change

Choices for Change is a ten week bilingual prevention and intervention program dedicated to **families** impacted by drug or alcohol dependence.

Choices for Change helps children (five-17years of age) and their parents attain skills and education for positive and lasting changes in their relationships.

The classes meet on Wednesday evenings beginning April 6, 2011.

The classes will be held at:
LifeWorks of Sonoma County
1200 College Avenue
Santa Rosa, CA 95404

April 6, 2011	May 11, 2011
April 13, 2011	May 18, 2011
April 20, 2011	May 25, 2011
April 27, 2011	June 1, 2011
May 4, 2011	June 8, 2011

From 6:30 – 8:00 p.m.
Fee for ten week session:
Family: \$150.00
One person: \$100.00
Teen: \$75.00

(Teen: consent from parent/guardian required to attend as an individual)

Please contact:
Olivia Dancel, Program Facilitator
For more information:
(707) 568-2300, Ext. 100
odancel@lifeworkssc.org

EDUCATION AND SUPPORT FOR FAMILIES SEEKING HEALTHY CHANGE

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